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A REVOLUTION OF RANGEVIEW LIBRARIES

IMMEDIATE RELEASE
September 2, 2011

Contact:
Chandra Jones, 303-405-3200
Anythink Manager

September Programs at Anythink Wright Farms

THORNTON, Colo.—September 2, 2011—Summer may be winding down, but things are picking up at Anythink Wright Farms. Check out unique programs dealing with wellness, cooking and bubbles. Throw in a plethora of teen and tech classes, and there's something that will pique everyone's interest in September.

Special Programs

Wellness from the Inside Out

Wednesdays, Sept. 7 & 28, 6-8 pm

Join us for two informational, interactive and fun workshops and discover easy ways to improve your health and wellness. Space is limited; registration required. Please visit our online calendar to register.

Sept. 7: **Experiential Stress Management** – Participants will learn breathing and grounding techniques to help bring them fully into the present moment, which will help them to relax mentally and physically. Presented by Jaclyn Cole, LCMT, is a state-licensed and nationally certified massage therapist.

Healthy Truths and Old Wives Tales – Throughout a lifetime, we gather a hodgepodge of aphorisms, abominations, prohibitions and other folk wisdom about how to stay healthy and what we should do when we get sick. Debunk the myths, share your family's truths, and find new folk wisdom applicable to today's world. Presented by Sandra Oliver, Certified Personal Trainer.

Sept. 28: **Running On Empty** – Millions of Americans are running on empty – are you one of them? As a nation, we're tired, we're overweight, we're sick frequently. You don't have to live that way anymore! Learn four key factors to solve this problem. Presented by Lisa Keyes, certified nutritionist, herbalist and author.

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Taming Your Inner Fears and Limiting Beliefs – Feeling good isn't just about your physical health. If a person doesn't feel good about who they are inside, or constantly allows negative thoughts or old beliefs from moving them forward in life, it's time for an "inner self" checkup. Join Tanya Lelo, Certified Professional Life Coach, as she presents an interactive discussion on inner fears and limiting beliefs.

Children and Family Programs

Bubble Mania with Captain Vic

Thursday, Sept. 1, 4:30-5:30 pm

Look at bubbles in a whole new extraordinary way! Captain Vic will amaze and delight you in this hands-on science program appropriate for students in grades K-6. Space is limited; registration required. Please visit our online calendar to register.

The Magic Tree House Miniseries

Thursdays, Sept. 8 & 22, 4:30-5:30 pm

Join the adventures of Jack and Annie as we delve into their world, with activities related to the titles chosen. Whether they've read them a dozen times or are new to the adventure, student in grades K-3 will enjoy this fun introduction to a classic series that is famous for inspiring young readers. Space is limited; registration required. Please visit our online calendar to register.

- **Sept. 8:** *Vacation Under the Volcano*
- **Sept. 22:** *Twister on Tuesday*

Family Storytime

Saturdays, Sept. 10 & 24, 10:30 am

Have lots of fun with rhymes and stories for the whole family. Open to all ages.

Sport Stacking: The Encore Session

Thursday, Sept. 15, 4:30-5:30 pm

If you missed this exciting program this summer, or want to continue developing your lightning-fast speed, join us for a session of sport stacking. Stack cups and take them down to beat your best time, or a friend's. It sounds so easy, but is so addictively fun. Appropriate for students in grades 4-6. Space is limited; registration required. Please visit our online calendar to register.

Johnny Appleseed's Favorite Dessert

Thursday, Sept. 29, 4:30-5:30 pm

In honor of Johnny Appleseed's birthday this month, we'll create apple-themed food to enjoy at the library, and learn other recipes to try at home. Not sure who Johnny is? Don't worry, we'll share his fascinating story as well. Appropriate for students in grades 4-6. Space is limited; registration required. Please visit our online calendar to register.

Toddler Tales

Tuesdays, 10-10:30 am

Spend time with your toddler listening to stories, songs and finger plays geared just for them. Appropriate for kids ages 2-3. Space is limited; registration required. Please visit our online calendar to register.

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Music and Movement

Tuesdays, 11-11:30 am

Sing, dance, play games and some basic instruments. Appropriate for children ages 3-5. Space is limited; registration required. Please visit our online calendar to register.

Explore on the Floor

Wednesdays, drop in anytime between 10-11 am

A whole new interactive approach to storytime! Come with your little one (18 months to 5 years) to enjoy one or all of our stations that will feature a book and meaningful activity for you to share together. We'll show you how to nurture all six of the skills identified to be key in developing reading readiness.

Teen Programs

Teen Advisory Board

Tuesday, Sept. 6, 4-5 pm

Come and voice your opinion about the library. Appropriate for students in grades 6-12.

Teen Book Club

Monday, Sept. 12, 4-5 pm

Learn about some of the most popular teen books of 2011. Appropriate for students in grades 6-12.

Microwave Cooking

Tuesday, Sept. 13, 4-5 pm

Learn to cook quick and delicious meals with your microwave. Appropriate for students in grades 6-12.

Battle Cars

Monday, Sept. 19, 4-5 pm

Teamwork, a little sweat and a lot of imagination are all you need to enter this battle. Teams use various materials to build their own battle cars and to create the obstacle course. Let the battle begin. Appropriate for students in grades 6-12.

Teen Games

Tuesday, Sept. 20, 4-5 pm

Play Wii, Xbox 360, or board games. Appropriate for students in grades 6-12.

Matinee Monday

Monday, Sept. 26, 4-5 pm

Come and enjoy a movie at the library. Appropriate for students in grades 6-12.

Battle Cars

Tuesday, Sept. 27, 4-5 pm

Teamwork, a little sweat and a lot of imagination are all you need to enter this battle. Teams use various materials to build their own battle cars and to create the obstacle course. Let the battle begin. Appropriate for students in grades 6-12.

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Adult Programs

Wright Farms Readers – AM

Tuesday, Sept. 20, 9:30 am

Please join us to discuss *Tortilla Curtain* by T.C. Boyle. Refreshments will be served.

Wright Farms Readers – PM

Wednesday Sept. 21, 7 pm

Please join us to discuss *Breakfast with Buddha* by Roland Merullo. Refreshments will be served.

Tech Classes

Google: Gmail

Tuesday, Sept. 6, 6-7:30 pm

Participants will sign up for a free Gmail account and learn email basics (e.g., sending an email and attaching files) as well as more advanced topics (e.g., e-mail labels and message filtering). Space is limited; registration required. Please visit our online calendar to register.

Microsoft Office 2003: Word

Thursday, Sept. 8, 1-3 pm

Participants will learn how to create, edit, format, and save text and image documents in Word. Additional topics include: inserting page breaks; inserting symbols; and working with headers and footers. Space is limited; registration required. Please visit our online calendar to register.

Google: Google Docs

Tuesday, Sept. 13, 6-7:30 pm

Access your information wherever you are with Google documents! Discover how to upload and create documents, presentations, spreadsheets, forms and drawings in this hands-on class. Participants must have a Google account prior to class. Space is limited; registration required. Please visit our online calendar to register.

Microsoft Office 2003: Excel

Thursday, Sept. 15, 1-3 pm

Learn how to create spreadsheets and use cells, formulas and worksheets to automatically calculate and update your data. Additional topics include: adjusting column widths; inserting, copying, deleting, and renaming worksheets; and using AutoSum. Space is limited; registration required. Please visit our online calendar to register.

Google: Google Calendar

Tuesday, Sept. 20, 6-7:30 pm

Keep track of appointments and set reminders for important events with Google calendar! Learn how to create and edit appointments and create multiple calendars. Participants must have a Google account prior to this class. Space is limited; registration required. Please visit our online calendar to register.

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Microsoft Office 2003: PowerPoint

Thursday, Sept. 22, 1-3 pm

Learn how to use PowerPoint to make a presentation for business, training or class. Additional topics include: slide effects and animations; formatting text and slide layout; slide and presentation design. Space is limited; registration required. Please visit our online calendar to register.

Résumé and Cover Letter Writing

Tuesday, Sept. 27, 6-8 pm

Need help fine-tuning your résumé and cover letter? The resident tech guide will show you the basics of creating a résumé and how to use résumé-building software to create a professional-looking résumé. You'll also get practical tips on the content and format of a cover letter. Basic Internet skills and an email account are required. Please bring your work history to this class. Space is limited; registration required. Please visit our online calendar to register.

Microsoft Office 2003: Publisher

Thursday, Sept. 29, 1-3 pm

Create flyers, business cards, labels and more with Publisher. Participants will learn how to create and edit a publication. Topics include: inserting text and images, layering and grouping items, and arranging items. Space is limited; registration required. Please visit our online calendar to register.

All events are free and open to the public. For more information, please call Anythink Wright Farms at 303-405-3200; visit the library at 5877 E. 120th Ave., Thornton, CO 80602; or go to anythinklibraries.org.

About Anythink™

Anythink is a new style of library – a place of unlimited imagination, where play inspires creativity and lifelong learning. Rangeview Library District serves the residents of Adams County with seven Anythink libraries and Anythink in Motion – the district's mobile library – and is one of the recipients of the 2010 National Medal of Museum and Library Service from the Institute of Museum and Library Services. For more information, go to anythinklibraries.org.